

Career Planning and Preparation

BE Proactive

Career planning is a lifelong process of discovery as the student gets older and interests change. Along the way, more doors will open for students as obtaining new skills sets will increase opportunities.



Practice Skills

Communicating wants and needs is essential to career planning. Setting high expectations with a focus on abilities is necessary for success. Allow students to make age-appropriate choices and decisions.

Explore

Exposing students to new opportunities increases their awareness of job possibilities. Job fairs, websites, videos and tours are just a few ways students can learn more about careers.

Set Goals

Start with small goals and gradually build up as milestones are reached. Incorporate these conversations into Individualized Education Planning (IEP) meetings and revisit them often.



Showcase Talents

Assist students in showcasing their abilities and accommodations in a portfolio or resume. Be sure to update this at least biannually to highlight new skill sets and experiences.



Support

We all have a support system in our daily routines. From home, school, or in the office, we all count on others to make our lives functional. Create a list of personal connections and community support partners.



INDIANA INSTITUTE ON DISABILITY AND COMMUNITY
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