

EARLY DISCUSSIONS

Whether a person needs a representative to help with major decisions is a discussion that needs to happen early and revisited as circumstances change.



OPTIONS

Individuals and families should understand all options while promoting independence and self-direction. The least restrictive option is for the person to make their own decisions.



DECISION-MAKING SUPPORT

ASSESSING NEEDS

Determining support needs requires a collaborative approach, led by the person, based on strengths, needs, and available resources, including those people they trust.





SUPPORTED DECISION-MAKING

Supported Decision-Making allows people to keep their rights and make decisions with the help of people they trust. Written agreements define decisions and how they are made.



GUARDIANSHIP

Guardianship is a legal process by which the court assigns someone else the authority to make decisions for someone. It is the most restrictive option.





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