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| bunk beds | When it is time for bed, |
| TV | Mom and Dad let me watch one television show. |
| turn off tv | But when the TV goes off, |
| person sleping | that is my signal to go to sleep |
| person sleeping | and stay in bed all night. Sleeping is very important! |
| happy person | Having a good night's sleep will make me happy and I will have a good day at home or school. |
| tired person | Otherwise, I will be sleepy and yawn and could have a bad day because I am so tired. |
| mom, dad and child | It is very important that I listen to Dad and Mom and when the TV goes off I am expected to go to sleep and stay in bed! |