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| tank and man soldier | My Dad is a soldier. He has a very important job. |
| house and airplane | Sometimes his job asks him to go away from home. |
| calendar | Sometimes he is gone for a few days. Sometimes he is gone for months. |
| Person with thought bubble of dad | I miss him when he is gone. |
| sad face | Sometimes I get sad when Dad has to leave. That is OK. |
| fingers in "okay" position | Dad is sad to leave me too. It is OK to be sad. |
| angry face | Sometimes I get angry when Dad goes away because I want him to play with me. |
| hand holding pencil writing letter | That is OK. When I get angry or sad, I will try to write Dad a letter or draw him a picture. |
| person with thought bubble of man soldier | That will help me remember Dad and feel like he is closer to home. |
| person with smile on face and arms on heart | That will make me feel better. |
| person with thought bubble of red heart | I know Dad loves me even when he’s not here. |
| mom and red heart | I know Mom loves me too. |
| person with smile on face, standing straight with hands on hips | I will try to be brave when Dad is not here. |
| house and airplane | I will look forward to Dad coming home. |